

Reliable health information is a phone call away.

We offer an around-the-clock service for your family's health and well-being. Your peace of mind is important to us.

Call Now!

1-888-993-7120

You can also access a nurse through "live chat" on your computer or tablet. Please note, you can only discuss general health information and not specific symptoms through live chat.

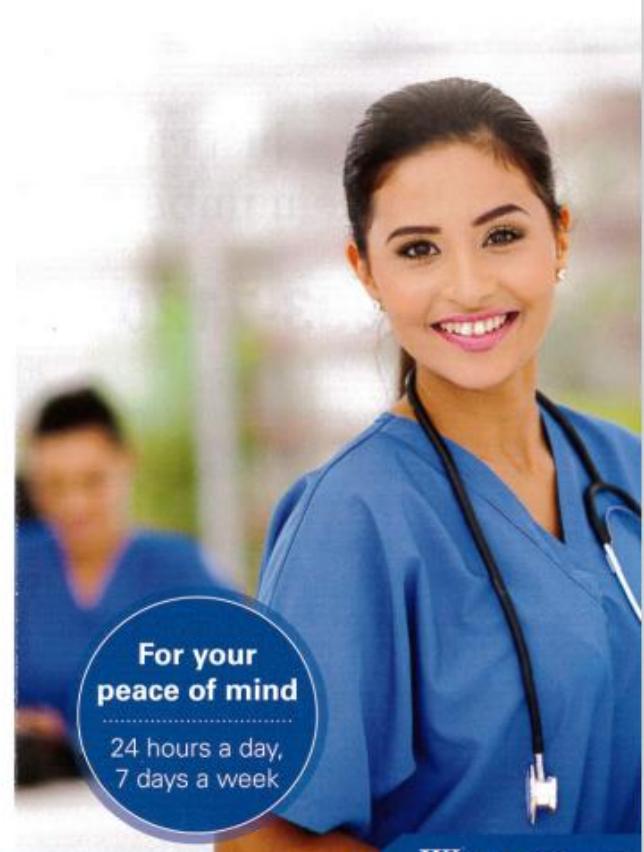


Login to members.bcidaho.com to access the live chat link on your member home page.



Nurse Advice Line

for Large Groups



3000 East Pine Avenue
Meridian, Idaho | 83642
Mailing Address: P.O. Box 7408
Boise, Idaho | 83707-1408

1-888-993-7120

For access to health information online,
visit bcidaho.com

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For your
peace of mind
.....
24 hours a day,
7 days a week

WELL CONNECTED™
Form No. 17-149 (10-16)



It's simple – just call the toll-free number!

1-888-993-7120

Now you can talk to a registered nurse any time, day or night, to help you make informed decisions about your family's health. Our Nurse Advice Line provides you peace of mind and helps when you:

- Consider making an appointment with your healthcare provider.
- Need information about medications, medical tests or procedures.
- Want to learn how to take care of a new or chronic condition.
- Want to learn how to communicate effectively with your healthcare provider.
- Have questions about how you or your family can stay healthy.

Asking Questions

Staying healthy starts by asking questions and getting up-to-date information. When you need answers, our Nurse Advice Line is there for you. There's no question that's too simple or too complex. In fact, our registered nurses can answer questions such as:

"I just got back from a camping trip and noticed a weird bull's eye rash on my leg. Should I be worried?"

"My child has a cough and a cold. What can I do to help her feel better? When should I take her in for an appointment?"

"I recently traveled overseas. Now I have a cough. Could it be SARS?"

"My mother had high blood pressure. Does it run in families? How would I know if I have it?"

Our Nurse Advice Line offers the most up-to-date medical information to help you make important health decisions.

Complex Decisions

Some health problems are more complicated than others. Our nurses offer personal support. They can help you understand risk factors and treatment options. Also, our nurses work with you so you and your healthcare provider can make the best decisions for your lifestyle.

"I have just been diagnosed with breast cancer. There are many treatment options. How do I figure out which is best for me?"

"I was told I need a liver biopsy. What will this involve? Do I have to go to the hospital? Will I be able to drive myself home afterwards?"

"My father was just prescribed a new medication and now he's feeling dizzy. Could that be a side effect?"

Research shows that patients who are more informed make better decisions and have better results.

Your Healthcare Provider

The Blue Cross of Idaho Nurse Advice Line can help you ask the right questions when you see your healthcare provider, and better understand his/her instructions. Also, we can help you find a specific provider if you need to talk to a specialist.

"I just received a prescription for a new medication, but I'm not sure what it's for."

"I just found out I'm pregnant. Do I need to see a specialist, or can I keep going to my regular doctor? What other options do I have?"

"I was just told I have hypertension. Isn't that the same as high blood pressure? Is there anything else I can do in addition to taking my medication?"

Reliable health information is just a phone call away, 24 hours a day, 7 days a week.

Please Note: Nurse Advice Line is not a substitute for medical attention. Our registered nurses cannot provide diagnoses or treatment. If you have an emergency medical condition, please call 911 or your local emergency medical services number.